



# LSDVI Menu

September 23 - September 29, 2019



	Breakfast	Lunch	Supper
<b>Monday</b>	Scrambled Eggs Grits Toast	Red Beans w/ Sausage Brown Rice Turnip Greens Cooked Carrots Fresh Oranges	Pizza Fresh Cucumbers Fresh Grapes Pudding Cup
<b>Tuesday</b>	WG French Toast Sticks Scrambled Eggs Fruit Choice	Meatloaf w/ Gravy Brown Rice WG Rolls Lima Beans Canned Pears	Fish Sticks Potato Salad Salad Fruit Choice Ice Cream
<b>Wednesday</b>	WG Bagel Cream Cheese Yogurt Fruit Choice	Tangy Chicken Parmesan WG Elbow Noodles Corn Pineapple Tidbits Salad	Hamburgers Sweet Potato Fries Fruit Choice Brownie
<b>Thursday</b>	Breakfast Sandwich Fruit Choice	Smothered Chicken Brown Rice WG Rolls Roasted Broccoli Banana	Grilled Chicken Sandwich L/T Cup Macaroni & Cheese Peas Fruit Choice Cookies
<b>Friday</b>	Grilled Cheese Sandwich Pineapple Tidbits	Baked Catfish Baked Fries WG Rolls Mixed Vegetables Fruit Choice	<u><b>Sunday</b></u> Beef-a-roni Peas & Carrots Sliced Peaches Cookies

Milk choice is available at every meal.

Menu is subject to change.